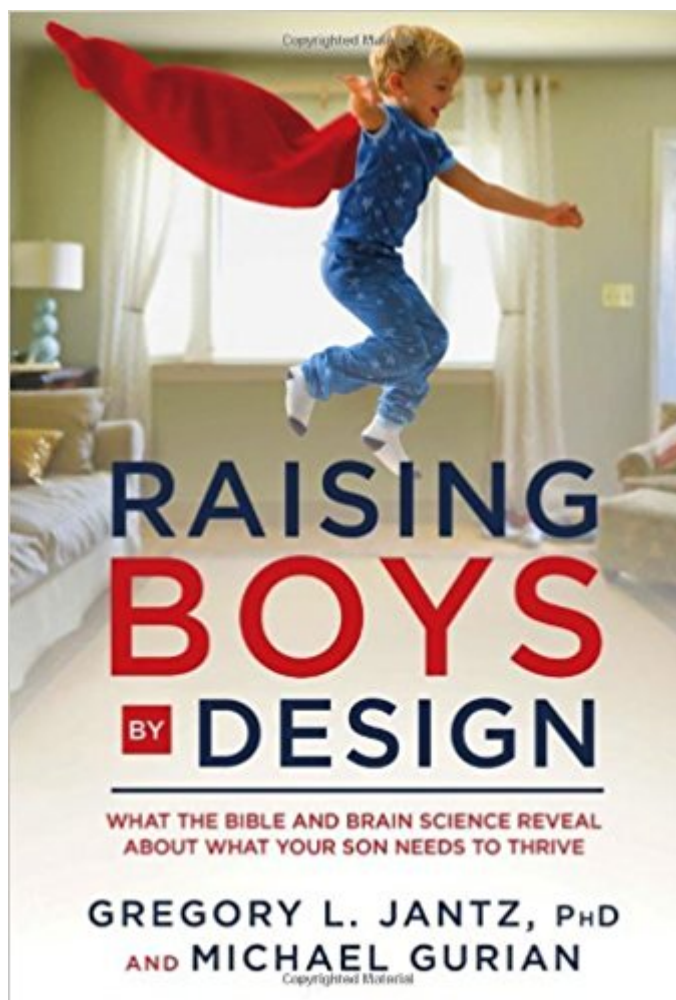


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# Raising Boys By Design: What The Bible And Brain Science Reveal About What Your Son Needs To Thrive



## Synopsis

Help your son grow into the strong, loving man God created him to be with *Raising Boys by Design*. Packed with doable strategies and eye-opening examples of what's really going on inside a boy's brain, *Raising Boys by Design* offers a practical blueprint to help you build a HERO—one who values Honor, Enterprise, Responsibility, and Originality. Among other things, you'll learn how to help your son: strengthen his character, resilience, and self-discipline nurture genuine compassion and empathy process words and emotions in ways that fit his brain chemistry succeed in school and hone crucial life skills develop a healthy perspective of sexuality avoid the pitfalls of media and technology embark on a lifelong adventure of faith This unique resource combines the latest research in brain science with timeless truths from the Bible to reveal the deepest needs shared by every boy of faith while also leading you to fresh insights for honoring the unique personality, talents, and God-given design of your son in particular. You can help your son thrive today as the hero he is meant to be when you learn the secrets of *Raising Boys by Design*.

## Book Information

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## Customer Reviews

Praise for *Raising Boys by Design*—“*Raising Boys by Design* is a fascinating and thoroughly enjoyable read. It's marvelously inspiring, well thought out, and academically supported, but it's also an intuitive guide to raising boys. Every parent, teacher, and grandparent could

benefit from this work.

•Gary Thomas, author of *Sacred Marriage* and *Sacred Parenting* “Blending biblical truth with brain science, *Raising Boys by Design* is truly a ground-breaking resource that offers much-needed insights for guiding boys toward health and success in every area of life.

•Tim Clinton, PhD, president of the American Association of Christian Counselors and executive director of the Center for Counseling and Family Studies at Liberty University “Raising boys in today’s world is no easy task. We need to understand how boys process their emotions and deal with bullying, peer pressure, technology and other important issues—all of which are covered here. This must-read resource helps equip families to raise sons who will be well adjusted and heroes for life.

•Linda Mintle, PhD, author of *Raising Healthy Kids in an Unhealthy World* “We live in a society where it’s dangerous to be a normal, rambunctious, healthy boy. High energy is labeled hyperactive, competitiveness to excel is deemed selfish, and single-mindedness in completion of a task is considered insensitive. Society’s constant attack on normal maleness instills a destructive insecurity and sense of inferiority into countless thousands of otherwise normal healthy men. *Raising Boys by Design* brilliantly exposes this destructive trend while providing meaningful insights and applicable solutions. If you want to protect your sons from the corrosive effects of today’s world and empower them to become men after God’s own heart, then this book is for you.

•Timothy R. Jennings, MD, author of *The God-Shaped Brain*, president-elect of the Tennessee Psychiatric Association, and chairman, board of regents, of the Southern Psychiatric Association “*Raising Boys by Design* is a clearly written and helpful book that integrates biblical truth and findings from brain science to enable sons to thrive as they grow up into adulthood.

•Siang-Yang Tan, PhD, professor of psychology at Fuller Theological Seminary and author of *Counseling and Psychotherapy: A Christian Perspective* “I can’t think of two better men to tackle one of the most compelling issues of the twenty-first century: how to raise our sons into Christ-empowered men. Backed by brain-science research, the Bible, personal experience, and a passion to impact boys, Gregg and Michael have created a playbook for Christian parents that will equip them to call their boys to follow Jesus into HEROIC manhood. If you have a son, a grandson, or a significant boy in your life, you will want to have this book by your side as you guide him on his journey to manhood.

•Tim Wright, pastor of Community of Grace in Peoria, Arizona, and author of *Searching for Tom Sawyer: How Parents and Congregations Can Stop the Exodus of Boys from Church* “I wish I’d had this book when my three boys were young. Chapter 2 is worth the cost of the whole book. A must-read for every parent, this even has great

material for raising girls!  
•David Stoop, PhD, author and psychologist  
Praise for the Work of Michael Gurian  
“There is no one who understands the development of boys better than Michael Gurian.”  
•William Damon, PhD, professor of education at Stanford University and author of The Moral Child  
“Michael Gurian is America’s most passionate advocate for boys.”  
•Michael Thompson, PhD, author of It’s a Boy! and co-author of Raising Cain

GREGORY L. JANTZ, PHD, is a nationally certified psychologist with a doctorate in counseling psychology. The author of more than twenty books, he regularly counsels parents and children of all ages to develop communication strategies, strengthen family bonds, and raise healthy kids.  
MICHAEL GURIAN, a marriage and family counselor noted for his secular expertise in brain science and his bridge-building in faith communities, is a New York Times best-selling author of twenty-eight books, including The Wonder of Boys.

I have not finished the book because of work and the pressures of school, but I reach for it every time I can. I have never enjoyed a non fiction book in years like I am enjoying this one and I’m only 57% complete. I better understand my 12 years old son and I am more aware of what to look for with regards to behavioral patterns and reaction to situations. I know now that I’m not losing him but that he is growing. I do not pressure him or provoke him. I can identify with the types of parental strategies used and the effects on his life. I am with ease and more so since the principles does not stray from the principles of God as shown in His word, I pray and commit us daily in the hands of God. To God be the glory, great things He has done. Thank you, to the authors of the book.

RBBB gives parents the confidence they need to break from old habits and traditional parenting, (how we were parented). Helps loving parents relate to their kids as ‘one of a kind’ child whose wiring really matters. It provides parents with scientific information that can better equip them to nurture children who know they unique, special and unconditionally loved.

Very insightful and practical

In depth discussion from latest brain-research explains how the brains and bodies of boys differ from girls. This is designed to help parents and teachers understand and interact in the way that uses brain research findings. Brain research supports the Biblical model of teaching children to be

all they are meant to be.

I've had this book for about a 2 weeks. I'm taking my time to read it. So far this book has let me know what I've been doing right with my boys and what I can improve. I love that the scriptures are used as a guide also. I'm really excited about helping my sons help themselves.

Very helpful and insightful! A must read for parents with boys.

Raising Boys by Design is a fantastic book. My son is grown and gone from home, I sure wish this book was around when he was young. I had heard about this book on a radio station and since I drive a school bus with children ages kindergarten to high school, I read this book wanting insight to help some boys have a successful and safe ride to school and back home. This book really opened my eyes to how a boy thinks and their unique needs. I really hope to put this book to use when summer is over and I am back to work. I am hoping to have my daughter read this for her 2 year old son, my wonderful and extremely active grandson. I hope my daughter-in-law will also read this as she is an elementary teacher. As a woman, reading this book gave me several "Ah hah" moments for understanding the men who are in my family, all adults, but still needing to be a Hero. I very highly recommend reading this book, even if you don't have young sons, you will still learn how boys and men think.

Super book!!!

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